

# Theatre Party to Go, Inc.

**All Workshops last an hour and half . The price \$150.00**

**20% off will be given as an introductory offer.**

**Theatre Games** *are used to teach valuable theatre skills while allowing participants to have fun, build confidence, stretch their imagination, increase memory, grow as an ensemble, group, or team. They are used for warm-ups and closures of rehearsals, team-building activities, and ice breakers.*

**The Theatre games used at Theatre Party to Go are tailored to give the participants an opportunity to gather socially and creatively in an expressive space. The goal is for participants to be in moments of play as they engage in a variety of hands-on activities.**

According to Help Guide which was last updated July 2021, the benefits of play in adults-

1. Relieves Stress
2. Improve Brain Function
3. Stimulate the mind and boost creativity
4. Improve relationships and connection to others
5. Keep you feeling young and energetic.

<https://www.helpguide.org/articles/mental-health/benefits-of-play-for-adults.htm>

**Game Example: 1.** (Medium to large group) “Number Game” Participants will sit in a circle. They will count consecutively taking turns from the number one to the number of participants in attendance. Participants will not say their numbers in a circular fashion. Meaning if I say one, the person sitting next to me does not say two. If two or more participants say the same number at the same time will result in starting over. The goal is to work as a team and reach the number of participants without two or more people saying the same number.

**Game Example: 2** (Men against the Women, pencil and paper needed.) “Styles of Communication” Men and women are separated into two teams. One participant from each team will draw a picture (not too complicated and not too easy.) Two other participants from each team will take turns describing what they see. The listening participants will draw what was described to them. When drawings are completed, everyone will hold up their masterpieces. The pictures will speak for themselves.

**Improvisations** *are spontaneous and unscripted scenes. Participants will be taught how to improvise (through a theatre game.) This will enable the improvisations to move from one moment to the next consisting of a beginning, middle and end.*

**Improvisation Example:1.** A few participants want to give a surprise birthday party for one of their friends. One participant insist that she make and bring her famous “To the Moon Cake and Back.” One or two of the other participants have tasted her cake and believe she ought to throw that recipe to the moon and leave it there.

**2.** Client is at the beauty parlor getting her hair done for a special occasion. When the hairdresser finishes, the client discovers her hair is bright blue.

**Pantomime** *is an activity, thought or story performed without speaking.*

**Pantomime Example 1:** Red Ants- Performers will demonstrate how to respond to imaginary objects or sensations. Performers will imagine a swarm of red ants around them. The ants slowly start crawling up their legs and biting them.

**Pantomime Example 2:** Tasting something sour, spoiled, or sweet. Do faces change or remain the same?

**Through these games participants will embark on a journey of discovery about themselves and others.**

**\*\*Showcase Presentations require more than one and a half hours of time. (Each rehearsal is \$70.00 for an hour and one half.) For a free consultation call Lelia Billings at one of the numbers on website.**

Note: Actor's Instruments are:

**Voice** (inflection, tone, diction, dialect, resonance etc.)

**Mind** (imagination, memory, recreating and creating),

**Body** (movement or physical forms needed for characters).

There will be a focus on at least one of the instruments above when putting on a show.

**Example: 1. Whacky Fashion Show**

I will instruct residents in characterization so when they walk the runway, they will walk in character showing off their whacky fashions.

1. Ball gown. Dress with balls attached
2. Print dress- Dress with newspapers on it.
3. 14 Karat necklace- 14 plastic carrots made into necklace
4. Bell bottoms- Pants with bells attached to them.

**Example 2. An Evening of Spoken Word-** The residents will create their own poetry and perform it with music accompaniment.

**Example 3. An Evening of Broadway-** Scenes or songs may be performed.

**Example 4. A Comedy Show**

In Conclusion: There are many creative ideas that can be given and presented.